

Please note that details on these events are printed on the back of this page.

To be included on this calendar or to make corrections, please contact the Cancer Resource Center at 1-877-824-0660

Calendar of Events for Cancer Patients and Their Families

Compiled by the University of Chicago Cancer Resource Center

The Cancer Resource Center is a Partnership of The University of Chicago Cancer Research center

For information or to schedule an appointment:
1-877-824-0660
mherbert@bsd.uchicago.edu

Drop-ins always welcome!



July 2008

SUN	MON	TUE	WED	THU	FRI	SAT
		1 -Smoking Cessation -Facing the Mirror	2 -Community Fitness -Smoking Cessation -Massage Therapy	3 -Massage Therapy Smoking Cessation	4 -Community Fitness -Smoking Cessation	5
6	7 -Community Fitness -Break for Breakfast -Cancer Support Group	8 -Smoking Cessation -Facing the Mirror -PNS Awareness Booth	9 -Community Fitness -Smoking Cessation -Massage Therapy -Lung Cancer Networking Lunch	10 -Massage Therapy -Smoking Cessation -PNS Awareness Booth	11 -Community Fitness -Smoking Cessation -PNS Awareness Booth	12
13	14 -Community Fitness -Break for Breakfast -Women's Cancer Support Group	15 -Facing the Mirror -Smoking Cessation	16 -Community Fitness -Smoking Cessation Massage Therapy	17 -Massage Therapy -Smoking Cessation -Caregiver's Support group	18 -Community Fitness -Smoking Cessation	19 -Y-ME Breast Cancer Support Group
20	21 -Community Fitness -Break for Breakfast -Cancer Support Group	22 -Facing the Mirror -Smoking Cessation	23 -Community Fitness -Smoking Cessation Massage Therapy	24 -Massage Therapy -Smoking Cessation	25 -Community Fitness -Smoking Cessation	26 -The Deep Hypnosis Class
27	28 -Community Fitness -Break for Breakfast	29 -SPOHNC Teleconference -Facing the Mirror -Smoking Cessation	30 -Community Fitness -Smoking Cessation Massage Therapy	31 -Massage Therapy Smoking Cessation		

Break for Breakfast

Program Date and Time: Every Monday 10:00-11:00 a.m.

Program Location: Comer Children's Hospital Rm. K632

Program Contact: Sarah Karela

Phone: 773-702-3087

RSVP: No Audience: Parents of children with cancer

Description: A regular supportive program for parents who have children afflicted with cancer. Goals = 1.

To meet other parents and caregivers; 2. To share knowledge and ideas; 3. To help build a supportive community for you and your family here in the hospital.

Community Fitness Program

Program Date and Time: Mondays, Wednesdays & Fridays, 7-9 a.m.

Program Location: Museum of Science and Industry

Program Contact: Chartay Robinson, Office of Community Affairs

Phone: 773-702-5600

RSVP: Yes

Audience: Open to all

Description: A year-round walking program. Nurses are available to check blood pressure. Other health professionals often come to speak on various health topics.

Facing the Mirror with Cancer

Program Date and Time: Every Tuesday or by private appointment

Program Location: DCAM Wellness Room in Radiation Oncology, 1D

Program Contact: Lori Ovitz, author of *Facing the Mirror with Cancer*

Phone: 312-214-3545

RSVP: Yes

Audience: Cancer patients (male & female)

Description: A make-up program to teach cancer patients how to overcome visual side effects. Please call to set-up a complementary appointment in advance.

Y-ME Breast Cancer Group

Program Date and Time: Saturday, July 19th, 10:30-noon

Program Location: DCAM room #1402

Program Contact: Peggy Williams

Phone: 773-702-6730

RSVP: Yes

Audience: Women with breast cancer. Description: Open Discussion

Chicago STOP Smoking Research Project (C-STOP)

Program Date and Time: Tuesday-Friday 9:00 a.m-8 p.m. (subject to availability)

Program Location: M-360

Program Contact: Mihai Raicu

Phone: 773-834-8654 or toll free 877-CSTOP-911 RSVP: Yes, a phone screening interview is the first step

Audience: Tobacco users ages 18-65 who smoke 15 or more cigarettes daily who desire to quit.

Description: If eligible, participants receive at no cost nicotine patches, behavioral counseling and study drug. Reimbursements for travel and parking and compensation for time in completing study measures.

Lung Cancer Networking Lunch

Program Date and Time: Wednesday, July 9th, 12:00 noon

Program Location: DCAM #1402

Program Contact: Cancer Resource Center

Phone: 877-824-0660

RSVP: Preferred

Audience: People diagnosed with lung cancer

Description: An opportunity to share information and experiences with others diagnosed with lung cancer. Lunch will be provided***

SPOHNC Head and Neck Cancer Survivors Teleconference

Program Date and Time: Every fourth Tuesday of the month 2:00 p.m.

Program Location: Teleconference call-in program

Program Contact: Mary Herbert

Phone: 773-834-7326

RSVP: No

Audience: Head and Neck Cancer Patients and Survivors

Description: A place for patients and survivors to ask questions and express concerns. To join the conference on the day of the program, call 866-688-8058 and use passcode 9772839# when prompted.

Women's Cancer Support Group

Program Date and Time: Every second Monday of the month 10:30 am- 12 noon (every second Monday of the month)

Program Location: Please call for location

Program Contact: Peggy Williams @ 773-702-6730 or the Cancer Resource Center @ 877-824-0660

Audience: Women in cancer treatment RSVP: Yes

Description: A support group for women with cancer for sharing common concerns and experiences.

Patient Navigation Services (PNS) Awareness Booth

Program Date and Time: Every second week of the month 10 a.m.-4 p.m.

Program Location: DCAM Lobby

Program Contact: Cancer Resource Center

Phone: 1-877-824-0660

RSVP: No

Audience: Open to all

Description: An information booth dedicated to providing cancer awareness materials.

Cancer Support Group

Program Date and Time: Every first and third Monday of the month 1:30 to 3:00 p.m.

Program Location: Weiss Memorial Hospital

Program Contact: Peggy Williams

Phone: 773-702-6730

RSVP: Yes

Audience: Anyone with cancer.

Description: A support group for people with cancer that provides a safe environment for sharing common concerns and experiences.

Massage Therapy

Program Date and Time: Wednesdays 2:00—2:45 p.m., Thursdays 11:00 a.m- 11:45 a.m.

Program Location: DCAM Wellness Room in Radiation Oncology, 1D

Program Contact: Connie Ahme

Phone: 773-702-6860

RSVP: Yes, sign in sheet at Radiation Oncology front desk

Audience: Cancer patients undergoing radiation therapy.

Description: A support program that offers people free 20 minutes massages by a professional massage therapist to patients undergoing radiation. Please stop in at any time to sign-up for a time slot.

The Deep Hypnosis Class

Program Date and Time: July 26th, 5:30- 7:00 p.m

Program Location: 1 West Superior Place, 7th floor

Program Contact: Peggy Williams

Phone: 773-702-6730

RSVP: Yes

Audience: Anyone with cancer

Description: Led by Rev. Dr. C. Scot Giles, a Board Certified Chaplain and a diplomat of the National Guild of Hypnotists. Free program that shows you how to use the power of your own deep mind to maximize your healing power.

Caregiver's Support Group

Program Date and Time: Thursday, July 17th 10:00 a.m

Program Location: DCAM RM 1402

Program Contact: Cancer Resource Center at 877-824-0660

Audience: Friends and family members of people with cancer

Description: An opportunity to share information and experiences with others. **Donuts and coffee will be provided.